

Health Clubs & Beauty Centers

Monday, 14 May 2007

Ultima actualizare Monday, 14 May 2007

Ambasador Hotel - Fitness, sauna, massage.

8-10, Magheru Blvd. Ph.: 315-90-80

Open: daily 8 am - 8 pm

Best Western Parc Hotel - Indoor swimming pool, sauna, skittle and bowling alleys.

3-5, Poligrafiei Blvd. Ph.: 549-20-00

Le Club - Members and Sofitel guests only. Indoor swimming pool, outdoor and indoor tennis and squash court, fitness equipment, Turkish bath, Jacuzzi, sauna, massage. 120, {os. Nordului. Ph.: 232-34-05. Open: daily 8 am - 10 pm

Cella Center - Anti Age therapies, Sunspectra, Ionozonbath, reflexotherapy, shiatsu, lymph drainage and Swedish massage, Acupuncture, Beautification techniques with Dysport and NewFill, facial and body peeling. Cellulites treatment, Physiotherapy, SPA therapies, nutrition advices.

54, Sf. Elefterie St. Tel/fax: 410-98-52,

cell: 0745-830-388. E-mail: info@cella-center.com,

www.cella-center.com. Open: 10 am - 10 pm.

Crowne Plaza Hotel - Indoor swimming pool, sauna and fitness equipment. Massage: Mon-Fri 5 pm - 9 pm.

1, Poligrafiei St. Ph.: 224-00-34/ext. 6100

Open: daily 6:30 am - 11 pm

Diplomat Club - Outdoor pool, tennis and football courts, 8-hole golf course, ping-pong tables and massage salon.

1, Aleea Minovici. Ph.: 222-84-97

Open: Mon-Sun 9 am - 6 pm

Dr. M Estetic 1, 2 - Spa, Tao massage, facial conditioning, bio-stimulation, infrared tunnel, aromatherapies, chromo-therapies, wet and infra sauna. Special men medical estetics.

71 & 73, Cal. Dorobancilor, suite 2.

Ph.: 211-55-03, 0722-214-856

Floreasca Club - Members only. Indoors pool, body building center and outdoors tennis courts.

1, Mircea Eliade St. Ph.: 230-79-70

Open: daily 10 am - 10 pm

Intercontinental Hotel - On the 22nd floor. Sauna, massage, solarium, fitness center, hexagonal swimming pool. Blvd. 4, N. Balcescu Blvd. Ph.: 310-20-20 / ext. 371/355

Open: Mon-Fri 12 pm - 8 pm; Sat 10 am - 6 pm

Cats Saloon (**** Styling Saloon)

3, Vasile Mironiuc St. (next to 1 Mai Sq.)

Ph.: 223-68-19; Open: Mon-Fri 9 am - 9 pm,

Sat 9 am - 5 pm, Sun only by reservations.

Miko Beauty Center - Spa, Tao massage, facial conditioning, bio-stimulation, infrared tunnel, aromatherapies, chromo-therapies, wet and infra sauna, solarium, fitness.

41, Silvestru St. Ph.: 211-09-64/65/73

1C, {coala Her str u St. Ph.: 233-00-83/84/85

Open: Mon-Fri 8 am - 8 pm; Sat 8 am - 6 pm

www.mikobeaauty.ro, e-mai: mikobeaauty@xnet.ro

Pit Gym Club - Fitness, aerobics, massage, wet sauna. 2, Av. Popa Marin St. Ph.: 230-03-71

Open: daily 9 am - 9 pm

The Works - Within Athenée Palace Hilton HoPh. Swimming pool and jacuzzi.

1-3, Episcopiei St. Ph.: 303-37-77 ext.3972

Open: Mon-Sat 8 am - 8 pm; Sun 8 am - 4 pm

World Class Health Academies - Within JW Marriott Bucharest Grand HoPh.

Spa and fitness center, gym, aerobics/spinning, massage, pool, jacuzzi, squash courts - limited membership.

90, Cal. 13 Septembrie Ph.: 403-09-00/01

Open: weekdays 6 am - 10 pm, weekends 9 am - 9 pm

Medico Clinique – The first private clinique in Bucharest where surgical procedures are performed. Dr. George Ciolacov – plastic surgery, esthetic & cosmetic surgery, together with the rest of the surgeons for all specialties offer medical services for people who care about their healthiness.

9, Visarion St. Ph.: 315-54-26, 0723-501-900,

0744-501-700, 0788-501-900, fax: 212-03-29.